

Easy Reader

SOUTH BAY'S WEEKLY

HEALTHY *Advice*

The Feather Lift - Facial lifting with Aptos Threads

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While we may forget our age for a while, it only takes a quick look in the mirror to notice our faces really have changed since our younger years. Gravity of course has a big influence on this, as does tissue laxity and loss of volume. Still, you may not be ready for surgery. By the end summer, patients will have a new option in the war against aging.

This non surgical and minimally invasive procedure was invented in 1999 by a Russian cosmetic surgeon, Dr. Marlen Sulamanidze. The procedure actually involves facial lifting, not pulling which is done with Aptos threads. The Aptos threads are made of a monofilament material called "polypropylene." These threads are designed with directional cogs. Once inserted under the skin, the Aptos thread cog will form a permanent support structure for the tissue of the face, actually lifting and contouring it. Nasolabial lines smile lines will lessen as the patient's cheeks are raised and their jowls retracted. This procedure is safe and quick as little as twenty minutes . It is performed under local anesthesia with the patient remaining comfortably awake. There is no surgery involved; rather the Aptos threads are inserted through a needle. Placement is deep into the subcutaneous tissue along the lines where the new contour is desired. As little as three threads will significantly raise the cheek and two threads, correctly placed will draw back the jowls. The procedure can also be used to raise the brow and pull back the neck.

The Feather Lift is useful for patients with drooping soft tissue of the face and neck, those with weakly pronounced aesthetic contours, younger people with flaccid or flat faces, and for people with premature aged faces and necks. The lifting effect is at its peak several months later when the collagen has formed around the threads. In all cases, the Feather Lift can achieve uniform gathering and even lifting of the soft tissues for a new volumetric contour of the face. After the procedure the patient may return to work as early as the next day, although there may be minimal swelling and there is always a chance of bruising.

At the time of writing this article, the Aptos threads are before the FDA and awaiting approval. As little as 35 doctors nationwide are trained in this procedure. We welcome you to contact the staff at Blue Pacific in Hermosa at 310 347 0347 for more information. ER